



## October 2011 Covered Bridge Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Macaroni and Cheese Broccoli Cuts Pears Milk</p>	<p>4</p> <p>Turkey Sausage Patty Waffle Potato Wedge Apple wedges Milk</p>	<p>5</p> <p>Cheese Stuffed Breadstick w/ Marinara Dipping sauce Garden salad Bananas Milk</p>	<p>6</p> <p>Beef Hamburger Patty on a Bun Corn on the Cob Orange slices Milk</p>	<p>7</p> <p>Chicken Nuggets Italian Green Beans Peaches Milk</p>
<p>10</p> <p>Sliced Turkey on Wheat Bread Baked Veggie Sticks Tropical Fruit Mix Milk</p>	<p>11</p> <p>Beef and Cheese Nachos Shredded Lettuce Bananas Milk</p>	<p>12</p> <p>Grilled Chicken Sandwich Potato Patty Apple slices Milk</p>	<p>13</p> <p>Beef Ravioli French Green Beans Orange wedges Milk</p>	<p>14</p> <p>Cheese Pizza Celery Sticks w/ dipping sauce Applesauce Milk</p>
<p>17</p> <p>Dinosaur Cheese Pasta California Blend Vegetables Sliced Pears Milk</p>	<p>18</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Sliced apples Milk</p>	<p>19</p> <p>Cheese Stuffed Breadstick w/ Marinara Dipping sauce Tossed Green Salad Bananas Milk</p>	<p>20</p> <p>Turkey Patty on a Bun Navy Beans Pineapple Chunks Milk</p>	<p>21</p> <p>Chicken Fingers Bettered Kernel Corn Orange Wedges Milk</p>
<p>24</p> <p>Chicken Drumstick Cut Green Beans Peaches Dinner Roll Milk</p>	<p>25</p> <p>Ham and Cheese Pocket Carrot Medallions Bananas Milk</p>	<p>26</p> <p>Whitefish Sandwich Cucumber Slices w/ Ranch dipping sauce Apple wedges Milk</p>	<p>27</p> <p>Macaroni and Beef Pasta Broccoli Florets Orange slices Milk</p>	<p>28</p> <p>Cheese Pizza Celery Sticks w/ dipping sauce Applesauce Milk</p>
<p>31</p> <p>Cheese Lasagna Romaine Salad w/ dressing Mandarin oranges Milk</p>				



## OCTOBER 2011 - Covered Bridge Snack Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
am	Honey grahams Orange juice	Wheat bagel Sliced apples	Sliced cheese and crackers Orange wedges	Corn puff cereal Raisins	Raisin bread Grape juice
pm	Oatmeal cookie Apple juice	Chex mix Raisins	Wheat wafers Applesauce	Animal Crackers Sliced bananas	Cheez-It crackers Orange juice
	10	11	12	13	14
am	Wheat crackers Raisins	Raisin bread Sliced bananas	Pretzels Sliced oranges	Toasted Oat cereal Sliced apples	Club Crackers Mixed fruit
pm	Fig bars Grape juice	Teddy Grahams Orange pineapple juice	Vanilla wafers Sliced bananas	Cheese crackers Raisins	Trail mix Peach mango juice
	17	18	19	20	21
am	Honey grahams White grape juice	Wheat bagel Sliced bananas	Sliced cheese and crackers Orange wedges	Corn flake cereal Raisins	Raisin bagel Grape juice
pm	Oatmeal cookie Apple juice	Chex mix Raisins	Wheat wafers Applesauce	Animal crackers Sliced bananas	Cheez=It Crackers Orange juice
	24	25	26	27	28
am	Wheat crackers Bananas	Raisin bagel Orange juice	Pretzel sticks Sliced oranges	Rice Krispie cereal Sliced apples	Club crackers Mixed fruit
pm	Fig bar Grape juice	Teddy Grahams Orange Pineapple juice	Vanilla wafers Sliced bananas	Cheese crackers Raisins	Trail mix Peach mango juice
	30				
am	Honey Grahams Orange juice				
pm	Oatmeal cookie Apple juice				

